# TRAVEL REQUIREMENTS FOR ETHIOPIA

## **KITCHEN & FOOD ITEMS**

| S. | Particular Items | Comment   | Quantity |
|----|------------------|---|----------|
| 1  | Yellow moong     | Good quality not easily available, better to bring from India | 2-3 kg   |
| 2  | Green moong      | Available   |          |
| 3  | Masoor           | Good quality available here                                   |          |
| 4  | White chane      | Available   |          |
| 5  | Kale chane       | Available   |          |
| 6  | Arhar            | Not available   |          |
| 7  | Nutrella         | Available   |          |
| 8  | Lal mirch powder | Good quality not available, better to bring from India        | 500 gm   |
| 9  | Dhaniya powder   | Good quality not available, better to bring from India        | 1-2 kg   |
| 10 | Haldi powder     | Good quality not available, better to bring from India        | 1-2 kg   |
| 11 | Jeera powder     | Good quality not available, better to bring from India        | 1-2 kg   |
| 12 | Jeera sabut      | Available, quality not so good                                |          |
| 13 | Heeng            | Available   |          |
| 14 | Black salt       | Not readily available   |          |
| 15 | Chaat masala     | Not available   | 2-3 pkts |
| 16 | Ghee             | Good quality not readily available, bring from India          | 1 kg     |
| 17 | Sugar            | Available   |          |
| 18 | Теа              | Good quality not available, better to bring from India        | 2 kg     |
| 19 | Rusk             | Not available   |          |
| 20 | Induction chula  | Must bring from India   | 1        |
|    | double plate     |   |          |
| 21 | Plate, Katoori,  | Readily available   |          |
|    | spoon            |   |          |
| 22 | Achar            | Not available, must bring from India                          |          |
| 23 | Saus             | Not readily available   |          |
| 24 | Scotch bright    | Not available   |          |
| 25 | Glass            | Readily available   |          |
| 26 | Mug              | Readily available   |          |
| 27 | Tawa (nonstick)  | Good quality not available                                    | 1        |
| 28 | Cooker 3kg       | Must bring cooker from India                                  |          |
| 29 | Belan            | Not available   |          |
| 30 | Kadhai           | Not available   |          |
| 31 | Fry pan          | Available, but not so good like India                         |          |
| 32 | Cooking Oil      | Readily available   |          |
| 33 | Milk powder      | Readily available   |          |
| 34 | Masala container | Readily available, but better to bring from India             |          |
| 35 | Karchi           | Available, but better to bring from India                     |          |
| 36 | Bottle cold/hot  | Better to bring from India                                    |          |
| 37 | Jam              | Readily available   |          |
| 38 | Tiffin Box       | Available, but better to bring from India                     |          |
| 39 | Mixer Grinder    | Good quality not available here, must bring from India        | 1        |
| 40 | Papar            | Bring from India  |          |
| 41 | Kitchen knife    | Bring from India  |          |
| 42 | Dried Vegetables | Not available, must bring from India                          | 1        |

#### CLOTHES

| S. | Particular / Items | Comment   | Quantity |
|----|--------------------|---|----------|
| 1  | Trouser formal     | Readily available, but better to bring from India | 6-7      |
| 2  | Shirts formal      | Readily available, but better to bring from India | 6-7      |
| 3  | Jeans              | Readily available, but better to bring from India | 2        |
| 4  | T shirts           | Readily available                                 |          |
| 5  | Jacket             | Readily available, but better to bring from India | 1        |
| 6  | Coat               | Must bring from India                             | 1        |
| 7  | Sweeter            | Must bring from India (Half & full)               | 1+1      |
| 8  | Socks              | Readily available, but better to bring from India | 4 pairs  |
| 9  | Hanky              | Readily available                                 |          |
| 10 | UGs                | Readily available, but better to bring from India |          |
| 11 | Towel              | Available   |          |
| 12 | Track suit         | Readily available                                 |          |
| 13 | Night dress        | Bring from India                                  |          |
| 14 | Lower long         | Readily available                                 |          |
| 15 | Lower short        | Readily available, but better to bring from India |          |
| 16 | Slippers           | Readily available                                 |          |
| 17 | Sport shoes        | Readily available                                 |          |
| 18 | Shoes              | Very good shoes are available here                |          |
| 19 | Monkey cap         | Bring from India                                  | 1        |
| 20 | Muffler            | Bring from India                                  | 1        |

### MEDICINES

| S. | Particular / Items   | Comment                                   | Quantity   |
|----|----------------------|---|------------|
| 1  | Headach /pain killer | Available, but better to bring from India | 1-2 strips |
| 2  | Fever                | Available, but better to bring from India | - do -     |
| 3  | Vicks                | Bring from India                          |            |
| 4  | Volini               | Bring from India                          |            |
| 5  | Acilock              | Bring from India                          |            |
| 6  | Pudinhara            | Bring from India                          |            |
| 7  | Cotton               | Available                                 |            |
| 8  | Bandage              | Available                                 |            |
| 9  | Dettol               | Available                                 |            |
| 10 | Antiseptic cream     | Bring from India                          |            |
| 12 | Hair med             | Bring from India                          |            |
| 13 | Nose med             | Bring from India                          |            |
| 14 | Thermometer          | Bring from India                          | 1          |
| 15 | BP monitor           | Bring from India                          | 1          |
| 16 | Amritanjan / Bam     | Bring from India                          |            |
| 17 | Band-aid             | Bring from India                          |            |
| 18 | Crepe bandage        | Bring from India                          |            |
| 19 | Antibiotics          | Available, but better to bring from India |            |
| 20 | Liver tonic          | Bring from India                          |            |
| 21 | BP medicine          | Bring from India                          |            |

#### TOILETRIES

| S. | Particular / Items | Comment   | Quantity |
|----|--------------------|---|----------|
| 1  | Toilet soap        | Good quality, readily available                         |          |
| 2  | Tooth brush        | Readily available, but bring from India                 | 2        |
| 3  | Tooth paste        | Readily available, but bring from India                 | 2        |
| 4  | Body wash          | Readily available, but bring from India                 |          |
| 5  | Soap               | Readily available                                       |          |
| 6  | Shampoo            | Bring from India  | 1        |
| 7  | Surf               | Bring if you wish, washing powder is available here     | 2-3 kg   |
| 8  | Cloth soap         | Not needed  |          |
| 9  | Cloth brush        | Not needed  |          |
| 10 | Face wash          | Bring from India  | 1        |
| 11 | Razor              | Bring from India  | 1        |
| 12 | Blade              | Bring from India  |          |
| 13 | Gillette razor     | Bring from India  | 12       |
| 14 | Gillette blade     | Bring from India  |          |
| 15 | Shaving cream      | Readily available, but bring specific brand if you wish |          |
| 16 | Shaving brush      | Readily available, but bring from India                 |          |
| 17 | After shave        | Readily available, but bring from India                 |          |
| 18 | Face cream         | Bring from India  |          |
| 19 | Body lotion        | Readily available, but bring from India                 |          |
| 20 | Hair oil           | Bring from India  |          |
| 21 | Deodorant          | Readily available, but bring specific brand from India  |          |
| 22 | Comb               | Readily available, but bring from India                 |          |
| 23 | Paper soap         | Not needed  |          |
| 24 | Nail clipper       | Readily available, but bring from India                 |          |
| 25 | Scissor            | Readily available, but bring from India                 |          |
| 26 | Needle             | Bring from India  |          |
| 27 | Thread             | Readily available, but bring from India                 |          |

## LIVING & STATIONARY

| S. | Particular / Items | Comment   | Quantity  |
|----|--------------------|---|-----------|
| 1  | Candle             | Readily available                                 |           |
| 2  | Torch              | Readily available                                 |           |
| 3  | God                | Must bring  |           |
| 4  | Match box          | Readily available                                 |           |
| 5  | Mosquito net       | Bring from India                                  |           |
| 6  | All out            | Not available, bring from India                   | 1-2 pkts  |
| 7  | Henna              | Good quality not available, bring from India      |           |
| 8  | Press              | Must bring a good press from India                | 1         |
| 9  | Bed sheet          | Bring from India                                  |           |
| 10 | Blanket            | Can be purchased here                             |           |
| 11 | Dhoop              | Available   |           |
| 12 | Extension 2-pin    | Available   |           |
| 13 | Dongle             | Not required, as Indian dongle will not work here |           |
| 14 | Credit card        | Must bring from India, very essential here        | Atleast 1 |

| 15 | Hard dish                 | 1 TB required  |           |
|----|---------------------------|--|-----------|
| 16 | Knife                     | Available  |           |
| 17 | Torch battery             | Available, but better to bring from India                      |           |
| 18 | Laptop                    | Must bring one from India                                      |           |
| 19 | Ipod / Tab                | Bring from India   |           |
| 20 | Speaker                   | Available here   |           |
| 21 | Smart phone               | Available here   |           |
| 22 | Notebook                  | Not required   |           |
| 23 | Cello tape                | Not required   |           |
| 24 | Bio book 12 <sup>th</sup> | We have good library here, not required                        |           |
| 25 | Book on specific          | Carry few books, you will get all in the library. Some of them |           |
|    | subject                   | are available online   |           |
| 26 | Documents file            | Not required   |           |
| 27 | Photocopy all             | Very essential to photocopy all the important documents        | Very      |
|    | documents                 | and keep one copy in India. Try to scan all the important      | important |
|    |                           | documents  |           |
| 28 | Passport                  | Required [colored scan]  | Very      |
|    | photocopy                 |  | important |
| 29 | Photograph                | Required   | 20 copies |
| 30 | Stapler                   | Not required   |           |
| 31 | NRE bank Account          | It will be good if you can open one before coming here, and    | Important |
|    |                           | get online assess  |           |
| 32 | Camera                    | Bring from India   |           |